



The Natural Way to Healthy Living





Why Avicenna ?

- ▶ GMP-Certified Manufacturing
- ▶ High-Quality Raw Materials
- ▶ Botanical Identification
- ▶ Quality Control
- ▶ Export Experience
- ▶ Product Development



ABOUT US

Avicenna is a well-established brand that aims to enhance your quality of life by combining naturalness with rich ingredients. By blending traditional knowledge with modern scientific methods, it seeks to provide the support each individual needs through its specially developed products. Bringing together the healing power of nature and a scientific approach, Avicenna aims to add value to your life with its wide range of food supplements.

Named after Avicenna (Ibn Sina), one of the pioneers of medicine, the brand embraces his inspiring approach and develops solutions that respect nature and prioritise human health. Avicenna products are manufactured in compliance with high quality standards so that you and your loved ones can use them with confidence.

GMP-Certified Manufacturing Facility

We manufacture our products using high-quality raw materials selected from the finest regions of the world at our facility, which operates in accordance with Good Manufacturing Practice (GMP) standards.

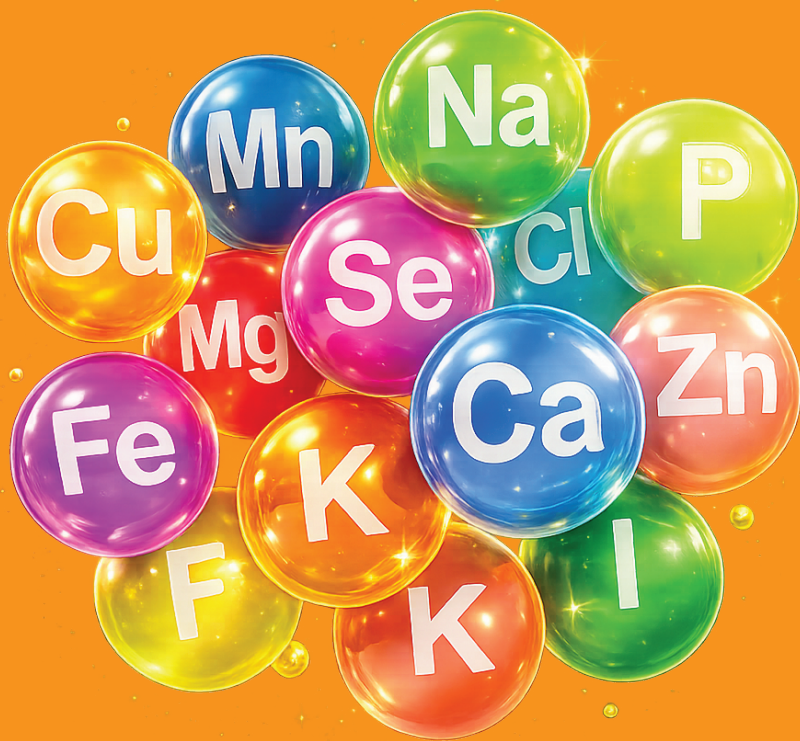
Meticulous Testing Procedures

A plant may have nearly one hundred different species. Therefore, to ensure that the correct species is used in our products, plant species are identified at the Pharmaceutical Botany Laboratory of Istanbul University Faculty of Pharmacy.



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Vitamins & Minerals

Biotin

60 Tablets

Skin, Hair and Nail Support



	Per 1 tablet	*%NRV
Biotin	2500 µg	5000

*NRV: Nutrient Reference Value

Food supplement license number: 002241-03.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet daily.

- Biotin contributes to the maintenance of normal hair.
- Biotin contributes to the maintenance of normal skin.
- Biotin contributes to the maintenance of normal mucous membranes.
- It is a component associated with energy-yielding metabolism and nervous system functions.
- Ingredient quality and formula consistency are supported through a standardised manufacturing approach.



Ingredients: Microcrystalline cellulose (Bulking agent), D-biotin, Magnesium stearate (Anti-caking agent).

Vitamin B12 1000 µg

20 ml Spray / Drops

Nervous System, Energy and Immune Support



	Per 1 Spray	*%NRV
Vitamin B12 (Metilkobalamin)	1000 µg	40000

*NRV: Nutrient Reference Value

Food supplement license number: 010092-25.02.2021

Recommended Daily Intake:

For children aged 4–10 years and adults aged 11 years and over, it is recommended to spray 1 puff into the mouth or take 4 drops daily.

- With its methylcobalamin form, it contributes to normal homocysteine metabolism.
- It contributes to the normal functioning of the nervous system.
- It contributes to the normal function of the immune system.
- It contributes to normal energy-yielding metabolism.
- It contributes to the reduction of tiredness and fatigue.



Ingredients: Water, Glycerol (E 422), Methylcobalamin, Sodium carbonates (E 500), Potassium sorbate (E 202), Citric acid (E 330), Sodium benzoate (E 211), Sucralose (E 955), Steviol glycosides (E 960).

Vitamin B12 1000 µg

100 Sublingual Tablets

Active Form

**Nervous System, Energy and
Immune Support**



	Per 1 tablet	*%NRV
Vitamin B12 (Methylcobalamin)	1000 µg	40000

*NRV: Nutrient Reference Value

Food supplement license number: 002178-21.02.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet once daily.

- With its methylcobalamin form, it contributes to normal homocysteine metabolism.
- It contributes to the normal functioning of the nervous system.
- It contributes to the normal function of the immune system.
- It contributes to normal energy-yielding metabolism.
- It contributes to the reduction of tiredness and fatigue.

Ingredients: Microcrystalline cellulose (Bulking agent), Magnesium stearate (Anti-caking agent), Methylcobalamin.



Vitamin C 1000 mg

20 Effervescent Tablets

Immune, Energy and Collagen Formation Support



	Per 1 effervescent tablet	*NRV%
Vitamin C	1000 mg	1250
Zinc	10 mg	100
Vitamin D3	10 µg (400 IU)	200

*NRV: Nutrient Reference Value

Food supplement license number: 010012-12.02.2021

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to dissolve 1 effervescent tablet in 1 glass (200 ml) of water and consume daily.

- With its formula containing vitamin C, vitamin D and zinc, it contributes to the normal function of the immune system.
- It contributes to normal energy-yielding metabolism and supports the reduction of tiredness and fatigue.
- Vitamin C contributes to normal collagen formation, thereby supporting the normal function of the skin, bones and cartilage.
- Vitamin D and zinc are among the components that contribute to the maintenance of normal bone and muscle functions.
- Vitamin C contributes to the maintenance of the normal function of the immune system during and after intense physical exercise.

Ingredients: Vitamin C (L-Ascorbic acid), Sorbitol (E420), Citric acid (E330), Sodium hydrogen carbonate (E500(ii)), Polyethylene glycol (E1521), Zinc gluconate, Orange flavouring, Silicon dioxide (E551), Riboflavins (E101), Steviol glycosides (E960), Cholecalciferol.



Vitamin D3 400 IU

20 ml Oral Spray / Drops

Teeth, Bone & Muscle Health and Immune Support



	Per 1 spray	*%NRV
Vitamin D3	10 µg (400 IU)	200

*NRV: Nutrient Reference Value

Food supplement license number: 008931-04.11.2020

Recommended Daily Intake:

For children aged 4–10 years and adults aged 11 years and over, it is recommended to spray 1 puff into the mouth or take 3 drops daily.

- It contributes to the normal function of the immune system.
- It contributes to the maintenance of normal teeth and bones.
- It has a role in the process of cell division.
- It contributes to the normal absorption and utilisation of calcium and phosphorus.
- It contributes to normal blood calcium levels.

Ingredients: Olive oil, Cholecalciferol.



Vitamin D3 1000 IU

20 ml Oral Spray / Drops

Teeth, Bone & Muscle Health and Immune Support



	Per 1 spray	*%NRV
Vitamin D3	25 µg (1000 IU)	500

*NRV: Nutrient Reference Value

Food supplement license number: 009185-02.12.2020

Recommended Daily Intake:

11 years and over, it is recommended to spray 1 puff into the mouth or take 3 drops daily.

- It contributes to the normal function of the immune system.
- It contributes to the maintenance of normal teeth and bones.
- It has a role in the process of cell division.
- It contributes to the normal absorption and utilisation of calcium and phosphorus.
- It contributes to normal blood calcium levels.

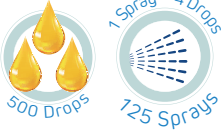
Ingredients: Olive oil, Cholecalciferol.



Vitamin D3 & K2

20 ml Spray / Drops

Teeth, Bone & Muscle Health and Immune Support



	Per 1 spray	*NRV%
Vitamin D3	25 µg (1000 IU)	500
Vitamin K2	11,25 µg	15

*NRV: Nutrient Reference Value

Food supplement license number: 020406 – 27.03.2024

Recommended Daily Intake:

For children aged 4–10 years, it is recommended to take 2 drops once daily. For adults aged 11 years and over, it is recommended to spray 1 puff into the mouth or take 4 drops daily.

Vitamin D3 and vitamin K2:

- Contribute to the maintenance of normal bones.

Vitamin D:

- Contributes to the normal function of the immune system.
- Contributes to the maintenance of normal teeth.
- Contributes to the maintenance of normal muscle function.

Vitamin K2:

- Vitamin K contributes to the maintenance of normal bones.

Ingredients: Olive oil, Vitamin K2 preparation (Olive oil, Menaquinone), Vitamin D3 preparation (Sunflower oil, Cholecalciferol).



Magne Fort

60 Tablets

Teeth, Bone & Muscle Health and Immune Support



In the yellow tablet	Per 1 tablet	*%NRV
Magnesium (Elemental)	120 mg	31,9
Trimagnesium citrate	402,23 mg	-
Magnesium malate	244,42mg	-
Magnesium taurate	190,71mg	-
Vitamin B6	5 mg	357
Vitamin D3	5 µg (200 IU)	100
In the blue tablet	Per 1 tablet	*%NRV
Magnesium (Elemental)	130 mg	34,7
Magnesium bisglycinate	922,42 mg	-
Vitamin B6	5 mg	357
Vitamin D3	5 µg (200 IU)	100

*NRV: Nutrient Reference Value

Food supplement license number: 017998-04.08.2023

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 yellow tablet in the morning and 1 mint-blue tablet in the evening.

- Magnesium and vitamin B6 contribute to the reduction of tiredness and fatigue.
- Magnesium contributes to the maintenance of normal muscle function.
- Magnesium and vitamin B6 contribute to the normal functioning of the nervous system.
- Magnesium and vitamin B6 contribute to normal energy-yielding metabolism.
- Magnesium and vitamin D contribute to the maintenance of normal bones and teeth.



Probiotic Multivitamin and Multimineral Support with Powerful Antioxidant



Food supplement license number:

011992-25.11.2021

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 capsule once daily.

	Per 1 capsule	*%NRV
Beta Glucan (Derived from barley and oats)	100 mg	-
Probiotic	2 x 10 ⁶ (2 million kob/g)	-
<i>Lactobacillus acidophilus</i>	0,67 x 10 ⁶ kob/g	-
<i>Lactobacillus rhamnosus</i>	0,665 x 10 ⁶ kob/g	-
<i>Bifidobacterium bifidum</i>	0,665 x 10 ⁶ kob/g	-
Alpha-Lipoic Acid	30 mg	-
Coenzyme Q10	15 mg	-
Lutein	0,25 mg	-
Vitamin A	800 µg RE	100
Vitamin C	150 mg	187
Vitamin E	20 mg α-TE	166,7
Vitamin D3 (400 IU)	10 µg	200
Vitamin B1	1,5 mg	136
Vitamin B2	1,7 mg	121
Vitamin B3	20 mg (mg NE)	125
Vitamin B5	10 mg	166
Vitamin B6	5 mg	357
Folic Acid	400 µg	200
Vitamin B12 (Methylcobalamin)	9 µg	360
Vitamin K2	50 µg	66
Biotin	300 µg	600
Zinc	15 mg	150
Iron	9 mg	64
Manganese	2 mg	100
Copper	1 mg	100
Boron	0,15 mg	-
Selenium	100 µg	181
Molybdenum	45 µg	90
Chromium	35 µg	87,5

*NRV: Nutrient Reference Value

- Its formula containing probiotic microorganisms (*Lactobacillus* and *Bifidobacterium* species) contributes to the balance of the digestive system and the normal function of the immune system.
- B-group vitamins (B1, B2, B3, B5, B6, B12 and folate) and vitamin C contribute to normal energy-yielding metabolism and support the reduction of tiredness and fatigue.
- With its vitamin C, vitamin D, zinc and selenium content, it contributes to the normal function of the immune system.
- Antioxidant components such as vitamin C, vitamin E, zinc and selenium contribute to the protection of cells from oxidative stress.
- Vitamin D, vitamin K, minerals associated with calcium metabolism, and components such as biotin and zinc contribute to the maintenance of the normal functions of bones, muscles, skin, hair and mucous membranes.





Omega-3

 **Avicenna**

Heart, Brain and Eye Health Support



	Per 2 softgels	*%NRV
Fish Oil (in triglyceride form)	2000 mg	-
Omega-3 Fatty Acids	600 mg	-
-EPA	360 mg	-
-DHA	240 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 002310-13.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 2 softgels once daily.

Country of Origin of Fish Oil: NORWAY

- EPA and DHA contribute to the normal function of the heart.
- DHA contributes to the maintenance of normal brain function.
- DHA contributes to the maintenance of normal vision.
- The beneficial effect of EPA and DHA is obtained with a daily intake of at least 250 mg.
- Maternal intake of DHA contributes to the normal brain development of the foetus and breastfed infants.

Ingredients: Fish oil, Bovine gelatin, Glycerol, Deionised water.



Omega 3-6-9

200 Softgels



Heart, Brain and Eye Health Support

	Per 2 softgels	*%NRV
Omega 3	610 mg	-
Fish oil	550 mg	-
Evening primrose oil	12 mg	-
Flaxseed oil	48 mg	-
Omega 6	151 mg	-
Evening primrose oil	138 mg	-
Flaxseed oil	13 mg	-
Omega 9	107 mg	-
Evening primrose oil	87 mg	-
Flaxseed oil	20 mg	-

*Flaxseed oil and evening primrose oil are obtained by the cold-pressing method.

Food supplement license number: 002310-13.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 2 softgels daily.

Country of Origin of Fish Oil: NORWAY

- EPA and DHA contribute to the normal function of the heart.
- DHA contributes to the maintenance of normal brain function.
- DHA contributes to the maintenance of normal vision.
- The beneficial effect of EPA and DHA is obtained with a daily intake of at least 250 mg.
- Its formula containing omega-3, omega-6 and omega-9 fatty acids provides a combination of fatty acids that contributes to the daily diet.

Ingredients: Fish oil, Bovine gelatin, Deionised water, Glycerol (Humectant), Evening primrose oil, Flaxseed oil.



Omevip Kids

150 ml Liquid

Mango and Vanilla-Flavoured Odourless Fish Oil

Support for Children's Healthy Growth and Development



	Per 1 measure (5 ml)	*%NRV
Fish Oil (in triglyceride form)	1125 mg	-
DHA	135 mg	-
EPA	202 mg	-
Vitamin A	160 µg	20
Vitamin D	2,5 µg (100 IU)	50
Vitamin C	15 mg	18,75
Vitamin B1	0,35 mg	31,8
Vitamin B6	0,5 mg	35,7
Zinc	2,5 mg	25
Selenium	13,65 µg	24,8
L-Arginine	25 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 003099-18.08.2017

Recommended Daily Intake:

For children aged 4–10 years, it is recommended to take 1 measure (5 ml) daily. For adults aged 11 years and over, it is recommended to take 2 measures (10 ml) daily.

Country of Origin of Fish Oil: NORWAY

- EPA and DHA contribute to the normal function of the heart.
- DHA contributes to the maintenance of normal brain function and normal vision.
- The beneficial effect of EPA and DHA is obtained with a daily intake of at least 250 mg.
- Vitamin D contributes to the maintenance of normal bones and teeth.
- Zinc and selenium contribute to the normal function of the immune system.

Ingredients: Deionised water, Sugar, Fish oil, Polyglycerol esters of fatty acids (E 475), L-Arginine, Xanthan gum (E 415), L-Ascorbic acid, Zinc sulphate, Potassium sorbate (E 202), Mango flavouring, Vanilla flavouring, Pyridoxine HCl, Thiamine HCl, Retinyl palmitate, Sodium selenite, Cholecalciferol.





Herbal Supplements



Curcumin Plus

30 Capsules

Immune Support



	Per 1 capsule	*%NRV
Curcumin	100 mg	-
Black Pepper	10 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 004-057-16.03.2018

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 capsule daily.

- Thanks to its curcumin content, which stands out for its antioxidant properties, it is among the components that contribute to the protection of cells from oxidative stress.
- It contributes to supporting the body's overall balance and well-being.
- It helps the body adapt to the intense pace of daily life.
- Formulated with black pepper extract, it offers a complementary combination designed to support the utilisation of its ingredients.
- Formula consistency and continuity of quality are supported through a standardised ingredient approach.



Ingredients: Polyoxyethylene sorbitan monooleate, Deionised water, Bovine gelatin, Curcumin, Glycerol, Olive oil, Black pepper.

Black Seed Oil

90 Softgels

Anti-Allergic and Immune Support



	Per 2 softgels	*%NRV
Black Seed Oil	2000 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 004027-09.03.2018

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 softgel twice daily.

- With its black seed oil content, it contributes to supporting the body's overall balance and well-being.
- It supports the maintenance of the body's natural defence and balance processes in daily life.
- It offers an ingredient that stands out with the distinctive composition of black seed oil.
- Its oil-based formulation contributes to maintaining ingredient stability.
- It offers a formulation developed to fit into daily usage routines.

Ingredients: Black seed oil, Bovine gelatin, Glycerol, Deionised water.



Bitter Melon

90 Softgels

Digestive System and Immune Support



	per 3 softgels	*%NRV
Bitter melon fruit	600 mg	-
Olive oil	2400 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 003866-02.02.2018

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 softgel three times daily.

- With its bitter melon content, it contributes to supporting the balanced functioning of the digestive system.
- It supports the maintenance of stomach and digestive comfort in daily life.
- It contributes to supporting the body's overall balance and well-being.
- It offers a botanical ingredient distinguished by the unique composition of bitter melon.
- Its oil-based formula contributes to maintaining ingredient stability.

Ingredients: Olive oil, Bitter melon fruit, Glycerol, Bovine gelatin, Deionised water.



Support with Herbal Ingredients and L-Carnitine



Per 4 capsules

Senna Leaf	888 mg
Cherry Fruit Stalk	280 mg
Fumitory Aerial Parts	200 mg
Fennel Fruit	148 mg
Rosemary Leaf	136 mg
Heather Leaf	100 mg
Tea / Green Tea Leaf	100 mg
Myrtle Leaf	88 mg
Nettle Leaf	88 mg
L-Carnitine	80 mg
Chamomile Flower	44 mg
Mate Leaf	36 mg
Golden Everlasting / Immortelle / Kudama Flower	12 mg

*NRV: Nutrient Reference Value

Food supplement license number: 0024-00-23.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 2 capsules twice daily.

- The combination of herbal ingredients and L-carnitine contributes to supporting the body's overall balance and harmony.
- L-carnitine is among the components associated with energy-yielding processes.
- It offers a formula designed to support metabolic balance during the pace of daily life.
- When combined with a balanced diet and an active lifestyle, it helps support daily routines.
- Its multi-component herbal content provides a comprehensive combination that supports the integrity of the formula.

Ingredients: Senna leaf (*Cassia acutifolia*), Vegetable capsule (Hydroxypropyl methylcellulose), Cherry fruit stalk (*Prunus avium*), Fumitory aerial parts (*Fumaria officinalis*), Fennel fruit (*Foeniculum vulgare*), Rosemary leaf (*Rosmarinus officinalis*), Heather leaf (*Calluna vulgaris*), Tea / Green tea leaf (*Camellia sinensis*), Myrtle leaf (*Myrtus communis*), Nettle leaf (*Urtica* sp.), L-Carnitine, Chamomile flower (*Matricaria recutita*), Mate leaf (*Ilex paraguariensis*), Golden everlasting / Immortelle / Kudama flower (*Helichrysum* sp.).



Ginkgo Leaf

60 Capsules

Brain Function Support



Per 2 capsules

Ginkgo / Maidenhair Tree Leaf 750 mg

Ginkgo / Maidenhair Tree Leaf Extract 250 mg

*NRV: Nutrient Reference Value

Food supplement license number: 002531-12.04.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 capsule twice daily.

- With its Ginkgo biloba content, it contributes to supporting cognitive performance and concentration processes.
- It supports the maintenance of mental functions during the pace of daily life.
- It contributes to supporting the body's overall balance and well-being.
- It offers a botanical ingredient distinguished by the unique composition of Ginkgo biloba.
- Ingredient quality and formula consistency are supported through a standardised manufacturing approach.

Ingredients: Ginkgo / Maidenhair tree leaf, Ginkgo / Maidenhair tree leaf extract, Vegetable capsule (Hydroxypropyl methylcellulose).



Red Ginseng

130 Tablets

Energy and Immune Support



	Per 3 tablets
Ginseng Root	1020 mg
Royal Jelly	204 mg
Ginseng Root Extract (Equivalent to 2310 mg of ginseng root)	105 mg

*NRV: Nutrient Reference Value

Food supplement license number: 002337-15.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet three times daily.

- With its red ginseng and royal jelly content, it contributes to supporting the body's overall energy and vitality needs.
- It supports the maintenance of physical and mental performance during the pace of daily life.
- It contributes to maintaining the body's overall balance and well-being during busy days.
- It offers a botanical ingredient distinguished by the unique composition of red ginseng.
- Formula quality and consistency are supported through a standardised ingredient approach.

Ingredients: Red ginseng root (Panax ginseng), Royal jelly, Lactose monohydrate (Bulking agent), Red ginseng root extract (Panax ginseng), Silicon dioxide, Magnesium stearate (Magnesium salts of fatty acids).



Sambucus Nigra

20 Effervescent Tablets

Immune and Energy Support



	Per 1 effervescent tablet
Black Elderberry Extract	200 mg
Vitamin C	200 mg
Zinc	10 mg

Food supplement license number: 010027-15.02.2021

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to dissolve 1 effervescent tablet in 1 glass (200 ml) of water and consume daily.

- Vitamin C and zinc contribute to the normal function of the immune system.
- Vitamin C contributes to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Vitamin C contributes to maintaining the normal function of the immune system during and after intense physical exercise.
- Vitamin C contributes to normal collagen formation for the normal function of the skin, bones and cartilage.
- Zinc contributes to the maintenance of normal skin, hair and nails.

Ingredients: Sorbitol (E420), Citric acid (E330), Sodium hydrogen carbonate (E500(ii)), L-Ascorbic acid, Black elderberry extract, Polyethylene glycol (E1521), Zinc gluconate, Mixed fruit flavouring (raspberry, strawberry, blackberry), Silicon dioxide (E551), Riboflavins (E101), Steviol glycosides (E960).



Immune and Antiviral Support**Per 24 drops**

Pure Propolis Extract	96 mg
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Food supplement license number: 005426-13.02.2019**Recommended Daily Intake:**

For children aged 4–10 years and adults aged 11 years and over, it is recommended to take 8 drops three times daily.

- With its propolis content, it contributes to supporting the body's natural defence and balance processes.
- It supports the maintenance of the normal function of the immune system in daily life.
- It is a bee-derived ingredient source containing components known for their antioxidant properties.
- It contributes to maintaining the body's overall balance and well-being.
- Ingredient quality and formula consistency are supported through a standardised manufacturing approach.



Ingredients: Deionised water, Glycerol (E 422), Pure propolis extract.

Immune and Antiviral Support

	Per 2 vegetable capsules
Propolis	560 mg
Propolis Extract (Equivalent to 560 mg of propolis)	140 mg

Food supplement license number: 002399-23.03.2017

Recommended Daily Intake:

For adults over 11 years of age, it is recommended to take 2 capsules daily.

- With its propolis content, it contributes to supporting the body's natural defence and balance processes.
- It supports the maintenance of the normal function of the immune system in daily life.
- It is a bee-derived ingredient source containing components known for their antioxidant properties.
- It contributes to maintaining the body's overall balance and well-being.
- Ingredient quality and formula consistency are supported through a standardised manufacturing approach.



Ingredients: Vegetable capsule (Hydroxypropyl methylcellulose), Propolis extract.

Bosprey

20 ml Spray

Menthol Flavoured

Mouth & Throat Health and Immune Support



	Per 6 sprays
Propolis Extract	34,2 mg
Echinacea Extract	8,55 mg
Thyme Water	68,4 mg
Rosemary Oil	0,855 mg

Food supplement license number: 0054-07-11.02.2019

Recommended Daily Intake:

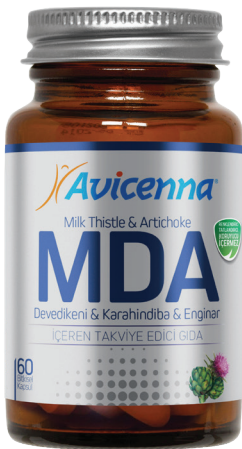
For adults aged 11 years and over, it is recommended to apply 2 sprays into the mouth and throat three times daily.

- With propolis, echinacea and herbal ingredients, it contributes to maintaining the natural balance of the mouth and throat area.
- It helps support mouth and throat comfort in daily use.
- It contributes to maintaining the body's overall balance and well-being.
- Its menthol flavour provides a refreshing experience.
- Its spray form allows practical and easy application to the target area.

Ingredients: Deionised water, Glycerol (Thickener), Thyme water, Honey, Propolis extract, Echinacea extract, Polyglycerol esters of fatty acids (Anti-caking agent), Menthol (Flavouring), Potassium sorbate (Preservative), Rosemary oil (0.855 mg), Steviol glycosides (Sweetener).



Liver Support



Per 3 capsules

Dandelion Aerial Parts	600 mg
Milk Thistle Seed	375 mg
Artichoke Leaf	375 mg
Milk Thistle Seed Extract	75 mg
Artichoke Leaf Extract	75 mg

Food supplement license number: 002218-01.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 capsule three times daily.

- With its formula containing milk thistle, artichoke and dandelion, it contributes to supporting normal liver functions.
- With its artichoke and dandelion content, it contributes to supporting the normal functioning of the digestive system.
- It contributes to maintaining the body's natural balance and well-being.
- It supports the balance of metabolic processes during the pace of daily life.
- Formula quality and consistency are supported through a standardised ingredient approach.

Ingredients: Dandelion aerial parts (*Taraxacum officinale*), Milk thistle seed (*Silybum marianum*), Artichoke leaf (*Cynara scolymus*), Vegetable capsule (Hydroxypropyl methylcellulose), Milk thistle seed extract (*Silybum marianum*), Artichoke leaf extract (*Cynara scolymus*).



Honey is used as a sweetener.



Immune and Energy Support



	Per 3 measures (15 ml)	*%NRV
Propolis Extract	357 mg	-
Echinacea Aerial Parts Extract	178,5 mg	-
Royal Jelly	178,5 mg	-
Vitamin C	34,98 mg	43,7
Zinc	7,5 mg	75
Grape Seed Extract	1,5 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 002431-28.03.2017

Recommended Daily Intake:

For children aged 4–10 years, it is recommended to take 1 measure (5 ml) three times daily.

- Vitamin C and zinc contribute to the normal function of the immune system.
- Vitamin C contributes to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Vitamin C contributes to normal collagen formation for the normal function of the skin, bones and cartilage.
- With its formula containing propolis, echinacea and royal jelly, it contributes to supporting the body's natural balance and well-being.
- Zinc contributes to the maintenance of normal skin, hair and nails.

Ingredients: Honey, Deionised water, Pomegranate juice concentrate, Propolis extract, Mulberry molasses, Echinacea aerial parts extract, Royal jelly, Black carrot concentrate, L-Ascorbic acid, Zinc sulphate heptahydrate, Potassium sorbate (Preservative), Grape seed extract, Menthol (Flavouring).



Energy Support



	Per 2 tablets	*%NRV
Red Ginseng Root	470 mg	-
Royal Jelly	348 mg	-
Bee Pollen	180 mg	-
Rosehip Fruit	126 mg	-
Propolis	116 mg	-
Red Ginseng Root Extract	46 mg	-
Vitamin C	42 mg	52,5
Carob Fruit	70 mg	-

*NRV: Nutrient Reference Value

Food supplement license number: 002313-13.03.2017

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet twice daily with meals.

- Vitamin C contributes to normal energy-yielding metabolism.
- Vitamin C contributes to the reduction of tiredness and fatigue.
- Vitamin C contributes to the normal function of the immune system.
- With its formula containing red ginseng, royal jelly, bee pollen and propolis, it contributes to supporting the body's overall energy and vitality needs.
- It supports the maintenance of the body's overall balance and well-being during the pace of daily life.

Ingredients: Red ginseng root, Royal jelly, Bee pollen, Rosehip fruit, Propolis, Carob fruit, Silicon dioxide (Anti-caking agent), Magnesium stearate (Anti-caking agent), Red ginseng root extract, L-Ascorbic acid.





Women's & Men's Health

Ferula Femin

30 Sachets

Orange and Lemon Flavoured

Women's Sexual Health Support



	Per 1 sachet	*%NRV
L-Carnitine	341,2 mg	-
Myo-Inositol	1000 mg	-
Royal Jelly	500 mg	-
Ferula Root	500 mg	-
Vitamin C	100 mg	125
Coenzyme Q10	50 mg	-
Zinc	15 mg	150
Resveratrol	50 mg	-
Vitamin E	12 mg	100
Vitamin B6	10 mg	714
Folic Acid (Methylfolate)	400 µg	200
Selenium	100 µg	182
Vitamin B12 (Methylcobalamin)	10 µg	80
Vitamin D3	10µg (400 IU)	200

Food supplement license number:

009916-29.01.2021

*NRV: Nutrient Reference Value

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 sachet daily. Add 1 sachet to a glass of warm water (200 ml), stir well and consume.

- Vitamin B6 contributes to the regulation of hormonal activity.
- Zinc contributes to normal fertility and reproduction and to normal DNA synthesis.
- Vitamin C, vitamin E, zinc and selenium contribute to the protection of cells from oxidative stress.
- Vitamin C, vitamin B6 and vitamin B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus.



Ingredients: Sorbitol (E 420), L-Carnitine tartrate, Myo-Inositol, Royal jelly, Ferula extract, Citric acid (E 330), Orange flavouring, L-Ascorbic acid (Vitamin C), Zinc sulphate heptahydrate, Coenzyme Q10, Lemon flavouring, Resveratrol, All-rac-alpha-tocopheryl acetate, Pyridoxine HCl, Sucralose (E 955), Calcium L-methylfolate, Sodium selenite, Methylcobalamin, Cholecalciferol.

Ferula Plus Men

30 Sachets

Men's Sexual Health Support



	Per 1 sachet	*%NRV
L-Carnitine	1023 mg	-
Royal Jelly	400 mg	-
Ferula Root	400 mg	-
Red Korean Ginseng Extract	200 mg	-
Vitamin C	180 mg	225
Lepidium Extract	100 mg	-
Epimedium Extract	100 mg	-
Zinc	15 mg	150
Coenzyme Q10	40 mg	-
Folic Acid (Methylfolate)	400 µg	200
Selenium	100 µg	182
Vitamin B12 (Methylcobalamin)	3 µg	120

*NRV: Nutrient Reference Value

Food supplement license number:

003969-27.02.2018

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 sachet daily. Add 1 sachet to a glass of lukewarm water (200 ml), stir well and consume.

- Vitamin C, zinc and selenium contribute to the protection of cells from oxidative stress.
- Vitamin C and vitamin B12 contribute to normal energy-yielding metabolism.
- Vitamin C, vitamin B12 and folate contribute to the reduction of tiredness and fatigue.
- Zinc contributes to normal DNA synthesis and normal fertility and reproduction.
- Vitamin C, vitamin B12, zinc and selenium contribute to the normal function of the immune system.

Ingredients: Maltodextrin, Royal jelly, L-Carnitine tartrate, Ferula root extract, Red Korean ginseng extract, L-Ascorbic acid, Lepidium extract, Epimedium extract, Mulberry flavouring, Zinc sulphate heptahydrate, Coenzyme Q10, Citric acid (Acidity regulator), Sucralose (Sweetener), Folic acid, Sodium selenite, Methylcobalamin.



Support During Pregnancy



	Per 1 tablet	*%NRV
Folic Acid (Methylfolate)	400 µg	200
Vitamin B12 (Methylcobalamin)	10 µg	400
Iodine	150 µg	100
Zinc	10 mg	100
Vitamin B1	747,4 µg	67,9
Vitamin B6	10 mg	714
Vitamin D3	10 µg (400 IU)	200

*NRV: Nutrient Reference Value

Food supplement license number: 005868-08.05.2019

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet daily.

- Folate contributes to maternal tissue growth during pregnancy.
- Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus.
- Vitamin B6, vitamin B12 and iodine contribute to the normal functioning of the nervous system.
- Zinc contributes to normal DNA synthesis and to the protection of cells from oxidative stress.
- Vitamin D contributes to the maintenance of normal bones, teeth and muscle function.

Ingredients: Microcrystalline cellulose (E460i), Zinc sulphate heptahydrate, Lactose monohydrate, Pyridoxine HCl, Magnesium stearate (E470b), Silicon dioxide (E551), Thiamine HCl, Calcium L-methylfolate, Potassium iodide, Methylcobalamin, Cholecalciferol.



Menstrual Cycle Support

	Per 1 tablet	*%NRV
Yarrow Extract	100 mg	-
Chaste Tree Extract	50 mg	-
Vitamin D3	10 µg (400 IU)	200

*NRV: Nutrient Reference Value



Food supplement license number: 009884-25.01.2021

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 tablet daily.

Vitamin D:

- Vitamin D contributes to the normal function of the immune system.
- Vitamin D contributes to the maintenance of normal bones and teeth.
- Vitamin D contributes to the maintenance of normal muscle function.
- Vitamin D has a role in the process of cell division.
- With its formula containing chaste tree and yarrow, it contributes to supporting the body's overall balance and well-being.

Ingredients: Microcrystalline cellulose (E 460(i)), Lactose monohydrate, Yarrow extract, Chaste tree seed extract, Magnesium salts of fatty acids (E 470b), Cholecalciferol.



Pcositol

30 Sachets

Orange and Lemon Flavoured

PMOS and Insulin Resistance Support



	Per 1 sachet	*%NRV
Myo-Inositol	2000 mg	-
L-Carnitine	500 mg	-
Vitamin B6	5 mg	357
Folic Acid (Methylfolate)	400 µg	200
Vitamin B12 (Methylcobalamin)	3 µg	120

*NRV: Nutrient Reference Value

Food supplement license number: 010604-21.04.2021

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 sachet daily. Pour 1 sachet into a glass of lukewarm water (200 ml), stir well and consume.

- Vitamin B6 contributes to the regulation of hormonal activity.
- Folate contributes to maternal tissue growth during pregnancy.
- Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus.
- Vitamin B6 and vitamin B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Vitamin B12 and folate have a role in the process of cell division.

Ingredients: Myo-Inositol, L-Carnitine tartrate, Maltodextrin, Orange flavouring, Lemon flavouring, Citric acid (Acidity regulator), Sucralose (Sweetener), Pyridoxine HCl, Calcium L-methylfolate, Methylcobalamin.



Pregnancy-Specific Multivitamin Support



Food supplement license number:
009786-10.01.2021

	per 2 softgels	*%NRV
Fish Oil	600 mg	-
Omega 3	360 mg	-
DHA	300 mg	-
EPA	60 mg	-
Calcium	140 mg	17,5
Magnesium	100 mg	26,6
Iron	15 mg	107
Vitamin C	100 mg	125
Zinc	15 mg	150
Vitamin E	15 mg	125
Vitamin B3	15 mg NE	93,7
Vitamin B5	5 mg	83,3
Biotin	2,5 mg	5000
Vitamin B1	1,5 mg	136,3
Vitamin B6	1,4 mg	100
Vitamin B2	1,6 mg	114,2
Folic Acid (Methylfolate)	400 µg	200
Selenium	100 µg	181,8
Iodine	150 µg	100
Vitamin D3	10 µg (400IU)	200
Vitamin B12 (Methylcobalamin)	5 µg	200

*NRV: Nutrient Reference Value

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 softgel twice daily.

- DHA contributes to the maintenance of normal brain function and normal vision. Maternal intake of DHA during pregnancy contributes to the normal brain development of the foetus.
- Folate contributes to maternal tissue growth during pregnancy. Supplemental folic acid intake increases maternal folate status.
- Iron contributes to the normal formation of red blood cells and haemoglobin and supports normal oxygen transport in the body.
- Iodine contributes to the normal functioning of the nervous system and normal cognitive function.
- Vitamins and minerals, including vitamins C and D, B-group vitamins, zinc, selenium and magnesium, contribute to the normal function of the immune system, normal energy-yielding metabolism and the reduction of tiredness and fatigue.

Ingredients: Olive oil, Fish oil, Calcium carbonate, Bovine gelatin, Magnesium oxide, Ferrous gluconate, Glycerin, L-ascorbic acid, Deionized water, Zinc sulfate monohydrate, dl- α -tocopheryl acetate, Nicotinamide, Calcium D-pantothenate, D-biotin, Thiamine HCl, Pyridoxine HCl, Riboflavin, Iron oxide (E172), Calcium methylfolate, Sodium selenite, Potassium iodide, Cholecalciferol, Methylcobalamin.





Joint Health

Glucosamine & Chondroitin & MSM & Hyaluronic Acid

90 Tablets

Joint Health Support



Per 2 tablets

Glucosamine Sulphate (Derived from shellfish)	1340 mg
MSM (Derived from legumes)	330 mg
Chondroitin Sulphate (Derived from shark cartilage)	80 mg
Pineapple Fruit Extract	60 mg
Hyaluronic Acid	30 mg

*NRV: Nutrient Reference Value

Food supplement license number: 002460-30.03.2017

Recommended Daily Intake:

For adults aged 18 years and over, it is recommended to take 1 tablet twice daily.

- With its formula containing glucosamine, chondroitin, MSM and hyaluronic acid, it contributes to supporting joint and movement comfort.
- It helps the body adapt to an active lifestyle in daily life.
- It supports the maintenance of the body's overall mobility and flexibility.
- It offers a multi-component formula that brings together ingredients intended for joint structure.
- Formula quality and consistency are supported through a standardised ingredient approach.

Ingredients: Glucosamine sulphate, MSM (Methylsulfonylmethane), Microcrystalline cellulose (Bulking agent), Chondroitin sulphate, Lactose monohydrate (Bulking agent), Modified starch, Pineapple fruit extract, Hyaluronic acid, Magnesium stearate (Anti-caking agent).



Nemocoll Plus

90 Capsules

Joint Health Support



Per 1 capsule

Eggshell Membrane	450 mg
Modified Collagen Types (Collagen Hydrolysate / Hydrolysed Collagen, Collagen Peptide)	40 mg
Hyaluronic Acid	10 mg

*NRV: Nutrient Reference Value

Food supplement license number: 003845-29.01.2018

Recommended Daily Intake:

For adults aged 11 years and over, it is recommended to take 1 capsule daily.

- Its formula containing eggshell membrane, collagen and hyaluronic acid contributes to supporting joint and movement comfort.
- It supports the maintenance of mobility in daily life.
- It contributes to maintaining the body's overall mobility and flexibility.
- It offers a multi-component formula that brings together ingredients intended for joint structure.
- Formula quality and consistency are supported through a standardised ingredient approach.

Ingredients: Eggshell membrane, Vegetable capsule (Hydroxypropyl methylcellulose), Modified collagen types (Collagen hydrolysate / Hydrolysed collagen, Collagen peptide), Hyaluronic acid.





General Warning

The products may cause allergic reactions in sensitive individuals who are allergic to any of their ingredients.

Individuals who regularly take medication or have a chronic condition should not use the products without consulting a doctor.

Hekimce Fırma Saęlık Ürünleri San. Tic. Ltd.Şti.
Deniz Aktaş Cad. No: 6/1 Beylikdüzü / İstanbul
Phone: 0850 500 15 51
info@avicenna.com.tr / www.avicenna.com.tr